

Fr. John Floeder's top ten book recommendations to help you turn up the flame and grow in prayer:

1. **The Bible** – The Word of God. The Psalms are great models of what prayer can and should be like. NAB, NRSV, or NJB translations are the best.

2. **A Good Catholic Prayer Book** – Get one with the basics: Act of Faith, the Memorare, and some good litanies.

3. **The Catechism of the Catholic Church and the Compendium to the Catechism** – Great section on prayer that provides a great overview of the essentials.

4. **Prayer Primer by Fr. Thomas Dubay** – A superb first book for everyone. Has tons of practical advice.

5. **Introduction to the Devout Life by St. Francis de Sales** – A classic for four hundred years. St. Francis provides lots of direction for how to turn up the flame and live the devout life, no matter where you are at.

6. **The Examen Prayer by Timothy Gallagher, O.M.V.** – A great guide to help you see how God is working in your life and where you need to invite him in more.

7. The **Untapped Power of the Sacrament of Penance by Fr. Christopher Walsh** – Intended for people who are unsure of regular individual confession, it gives great insight as to why we celebrate the sacrament the way we do and how it can be a source of life and power in your life.

8. **What is the Point of Being a Christian? by Timothy Radcliffe, O.P.** – A conversational reflection about living an astonishing life as a Christian. Tremendous.

9. **The Screwtape Letters by C.S. Lewis** – A unique look at the temptations facing us in our struggle to grow in faith and love written from the perspective of fallen angel tempter. A Classic.

10. **Stumbling Bocks or Stepping Stones by Fr. Benedict Groeschel, C.F.R.** – As a psychologist and a priest, he provides spiritual insight for issues like doubt, fear, and self-hate.

